

CHILD'S HISTORY In order for our professionals to serve you better, please answer the following questions and return this form prior to your appointment, or you may bring it in with you. Feel free to add any extra comments on a separate sheet. If there are any questions you cannot, or choose not to answer, please leave them blank.

Today's date _____ Name of child _____
Birthdate _____ School _____ Grade _____ Teacher _____
Your name and relationship to child _____
Name of child's legal guardian(s) _____
Who referred you to Child Development Associates? _____

CONCERNS

What are the main concerns you have about your child? _____

- A. How long has this problem been a concern? _____
- B. When did you first notice the problem? _____
- C. Who else have you seen for this problem? _____
- D. What evaluations have already been performed? _____
- E. What has already been done to treat this problem (diet, medications, counseling)? _____
- F. What have you done, personally, to address the problem? _____
- G. What seems to help the most? _____

PREGNANCY AND BIRTH

- 1. Was the pregnancy
a) planned? Yes _____ No _____
b) welcomed? Yes _____ No _____
c) stressful? Yes _____ No _____
- 2. How many weeks into the pregnancy was it diagnosed? _____
- 3. For the three months prior to the pregnancy and the first two months of pregnancy did the mother use any:
prescribed medications? Yes _____ No _____ How much _____
recreational drugs? Yes _____ No _____ How much _____
alcohol? Yes _____ No _____ How much _____
tobacco? Yes _____ No _____ How much _____
- 4. During the following seven months of pregnancy did the mother use any:
prescribed medication? Yes _____ No _____ How much _____
recreational drugs? Yes _____ No _____ How much _____
alcohol? Yes _____ No _____ How much _____
tobacco? Yes _____ No _____ How much _____
- 5. Where there any medical concerns or other issues during this pregnancy regarding mother and/or baby? _____

6. What hospital was the child born in? _____
 Address _____
7. Please list types of pain medications/anesthesia used during delivery _____
8. At the time of birth:
 How long did the pregnancy last? _____ weeks
 How long was the labor? _____ hours
 What was the baby's birth weight? _____ lbs _____ oz, length? _____ inches
 head circumference? _____ inches
 Was the baby born vaginally _____ or cesarean _____?
 Was the baby born head first _____ breech _____ or other (explain) _____
 Did the baby have? (please circle all that apply):
- | | | |
|---------------------------|------------------|-------------------|
| trouble breathing | yellow jaundice | blood transfusion |
| resuscitation | jitteriness | physical injuries |
| twin | seizures/fits | trouble sucking |
| birth defects | cord around neck | intensive care |
| fevers or low temperature | | |
9. Was the baby breast fed? _____ How long? _____ Bottle fed? _____ Formula name _____
10. Did the baby have any early feeding problem? _____ Describe _____
11. Were there any other concerns or problems noted by either the doctors or parents? Please describe. _____
12. Is your child adopted? _____ Does he/she know? _____ If not, do you intend to tell him/her? _____
 At what age was the child placed in your home? _____ At what age was the child adopted? _____

HEALTH

1. Has your child had any of the following? (please circle all that apply):
- | | | | |
|-------------------------|--------------|-----------------|------------------|
| measles | mumps | chicken pox | whooping cough |
| pneumonia | encephalitis | meningitis | ear infections |
| lead poisoning | allergies | vision problems | hearing problems |
| unexplained high fevers | | | |
- Please explain any you circled _____
2. Does your child have any of the following? (please circle any that apply):
- sleep problems (falling asleep, staying asleep, nightmares, sleepwalking, etc.)
 - brain disorders (headaches, seizures, motor or vocal tics, tremors, confusion, muscle weakness, coordination difficulties, head injury, staring spells, unexplained anger or sudden and unprovoked emotional outbursts, etc.)
 - lung problems (shortness of breath, asthma, coughing, etc.)
 - skin disorders (acne, hair loss, birthmarks, dermatitis, eczema, etc.)
 - blood disorders (anemia, bleeding bruising, etc.)
 - heart problems (chest pain, surgery, congenital heart disease, murmur, etc.)
 - sexual problems (birth control, promiscuity, excessive masturbation, etc.)
 - kidney problems (bedwetting, infections, etc.)
 - muscle or bone problems (scoliosis, injuries, strains, spasticity, etc.)
 - history of poisoning (lead, chemicals, others)
 - gland problems (obesity, slow or fast growth, early or delayed puberty, thyroid problems, etc.)
 - stomach or bowel problems (diarrhea, vomiting, constipation, stomach aches, stool soiling, etc.)
 - genetic disorders (birth defects, inherited traits, chromosome abnormalities)
- Please explain any of the items which you circled _____
- _____
- _____
- _____

3. Has your child ever been hospitalized? If so, explain each hospitalization, including ages, reasons, and length of stay: _____

4. Has your child ever taken medication to help with behavior or emotional problems?
 Age Medicine Doctor Reason When/Why stopped?

5. Does your child take ANY medication on a regular basis for chronic or recurring conditions? (Due to drug interactions, please list all medications.)
 Medicine Doctor Reason Start date

6. Has your child had any special diagnostic tests (x-rays, EEG, MRI, CT scan, blood tests, etc.)
 Age Test Reason Results

7. Have you ever suspected that this child might have been physically or sexually abused? Yes ___ No ___
 If yes, please explain: _____

DEVELOPMENT

1. Early development

A. At about what age did your child first:	Age	Not sure of age, but:		
		Early	On Time	Late
Smile, goo and coo?	_____	_____	_____	_____
Sit up?	_____	_____	_____	_____
Crawl?	_____	_____	_____	_____
Stand alone?	_____	_____	_____	_____
Speak real words?	_____	_____	_____	_____
Walk by self?	_____	_____	_____	_____
Feed self?	_____	_____	_____	_____
Use two word sentences?	_____	_____	_____	_____
Dress self (except buttoning and tying)?	_____	_____	_____	_____
Speak so that strangers understood?	_____	_____	_____	_____
Ride a tricycle?	_____	_____	_____	_____
Ride a bicycle?	_____	_____	_____	_____
Tie own shoe?	_____	_____	_____	_____

B. Do you have any concerns about your child's motor or muscle development? _____

C. Do any of the following concern you regarding your child's language development? Please circle

trouble finding the right word	too few words
unconnected thoughts	repeats words/phrases over and over
has seen a speech therapist	speech clarity
following directions	seems confused when spoken to
stuttering	missing sounds (like r or k)

D. Have you ever been concerned or been told that your child's development (speech and language, coordination, growth or social abilities) was behind his/her peers? _____

E. Did your child seem to learn pre-academic skills such as numbers, colors, shapes, etc., at the same time as other children his/her age? If not, please explain: _____

SCHOOL

1. What is your impression of your child's learning potential? Please circle:
low average above average gifted
2. Do you feel that your child is performing up to his/her potential in school? Yes _____ No _____
3. Do you feel that your child has any difficulties with (circle any that apply and explain):
reading _____
writing _____
arithmetic _____
social studies _____
science _____
languages _____
4. Is homework a problem? If so, please circle all that apply:
can't get started no place to work
forgets to bring home materials forgets assignments
doesn't understand the work doesn't anticipate deadlines
distracted by radio, TV or anything takes too long
battles or argues about doing work the most stressful time of day
needs you there constantly doesn't care/no motivation
5. Is your child's work made more difficult by problems with: Not at all Somewhat A lot
poor concentration _____ _____ _____
giving up too easily _____ _____ _____
inconsistent performance _____ _____ _____
poor motivation _____ _____ _____
disorganization _____ _____ _____
spacing out or daydreaming _____ _____ _____
not finishing things _____ _____ _____
having low frustration tolerance _____ _____ _____
anxiety/sadness _____ _____ _____
poor handwriting _____ _____ _____
rapidly shifting from one thing to another _____ _____ _____
being easily distracted _____ _____ _____
impulsiveness _____ _____ _____
anxious _____ _____ _____
6. Has your child ever been retained _____ suspended _____ expelled _____ advanced a grade _____?

SOCIAL

Does your child get along well with others? In what areas do you notice difficulties? Please answer **yes**, **no** or **sometimes** to the following. You may add comments.

- makes friends easily _____
- has a best friend _____
- plays well with others _____
- shares easily _____
- follows rules _____

enjoys team sports _____
 leads other children _____
 helps others _____
 easily influenced _____
 prefers to be alone _____
 is a party animal _____
 bullies others _____
 fights others _____
 insists on having his own way _____

SELF-ESTEEM

Does your child (please circle):			give up easily?	Yes	No
have an "I can do it" attitude?	Yes	No	stand up for self?	Yes	No
recover from upsets?	Yes	No	lack confidence?	Yes	No
recognize strengths?	Yes	No	act adventuresome?	Yes	No

FAMILY

1. Are you satisfied with how your family works? Please circle any that might apply:

lack of structure; rules	no family "together times"
poor communication	financial troubles
poor division of chores, responsibilities	lack of "breathing space"
marital problems	resentment of another member

Comments: _____

2. Where and how does this child fit in the family? Please circle any that apply:

sibling rivalry (more than expected)	a team player
spoiled, always gets own way	a manipulator
a rescuer, can't stand upsets	a helper

Born baby # _____ out of _____ children.

3. What types of discipline are used in your family? Use **M** to indicate which ones mother uses, **F** to indicate which ones father uses:

discussion and education _____	positive reward and praise _____
encouraging independent thinking _____	time out _____
contracts/token systems _____	spanking _____
lecturing, nagging, yelling _____	restriction/grounding _____

For what is your child most frequently disciplined? _____

What type of discipline(s) work best with your child? _____

4. Please circle any of the following stressors which might apply to your family's situation, or to which the child had an extremely strong reaction. Please note how long ago the stressor occurred:

Parental separation/divorce	severe illness
death of a family member/important friend	move to a new house
change in school	change of job
financial stress	pregnancy/birth of new child

Comments _____

5. Are there any "family secrets" or important things we have left out? Please include such things as relationships between divorced parents, involvement of extended family, parental adjustment difficulties, etc.: _____

6. Please circle current marital status: married single divorced widowed live together
7. If divorced from biological parent, what are the custody arrangements (legal and physical, please)?

8. If divorced, what is the non-custodial parent's involvement with this evaluation? _____

9. What are the names and ages and relationship of other children living at the home? _____

10. Is there any family history of medical, developmental, learning, psychiatric, or legal difficulties?
Yes _____ No _____ If yes, please list the individual's relationship to the child, the nature of each difficulty, and any treatments received. Please include past generations and extended family if you have such information: _____

11. Please describe any psychiatric or psychological treatment this child or any sibling has received: _____

12. Please review each of the following lists of characteristics and check any item that applies to your child:

A. Does your child have any of the following attention related troubles?

- | | |
|---|--|
| <input type="checkbox"/> fidgets | <input type="checkbox"/> difficulty remaining seated |
| <input type="checkbox"/> easily distracted | <input type="checkbox"/> difficulty awaiting turn |
| <input type="checkbox"/> difficulty playing quietly | <input type="checkbox"/> difficulty sustaining attention |
| <input type="checkbox"/> shifts from one activity to another | <input type="checkbox"/> often does not listen |
| <input type="checkbox"/> often interrupts or intrudes on others | <input type="checkbox"/> often loses things |
| <input type="checkbox"/> often engages in physically dangerous activities | <input type="checkbox"/> difficulty following instructions |
| <input type="checkbox"/> often blurts out answers to questions before completed | <input type="checkbox"/> often talks excessively |

B. Does your child have any of the following oppositional troubles?

- | | |
|---|--|
| <input type="checkbox"/> often deliberately acts to annoy others | <input type="checkbox"/> often argues with adults |
| <input type="checkbox"/> is often touchy or annoyed by others | <input type="checkbox"/> is often angry or resentful |
| <input type="checkbox"/> often swears/uses obscene language | <input type="checkbox"/> is often spiteful or vindictive |
| <input type="checkbox"/> often blames others for own mistakes | <input type="checkbox"/> often loses temper |
| <input type="checkbox"/> often actively defies or refuses adult requests of rules | |
| <input type="checkbox"/> often takes or touches others' property without asking | |

C. Has your child had problems with any of the following?

- | | |
|---|---|
| <input type="checkbox"/> stolen without confrontation | <input type="checkbox"/> lies often |
| <input type="checkbox"/> deliberate firesetting | <input type="checkbox"/> often truant from school |
| <input type="checkbox"/> breaking and entering | <input type="checkbox"/> destroyed others' property |
| <input type="checkbox"/> cruel to animals | <input type="checkbox"/> used a weapon in a fight |
| <input type="checkbox"/> forced someone else into sexual activity | <input type="checkbox"/> stolen with confrontation |
| <input type="checkbox"/> often initiates physical fights | <input type="checkbox"/> physically cruel to people |

D. Does your child show any of the following anxiety symptoms?

- | | |
|---|---|
| <input type="checkbox"/> unrealistic worry about future events | <input type="checkbox"/> avoidance of being alone |
| <input type="checkbox"/> persistent refusal to go to school | <input type="checkbox"/> physical aches and pains |
| <input type="checkbox"/> bothersome thoughts | <input type="checkbox"/> marked self consciousness |
| <input type="checkbox"/> unrealistic concerns about competence | <input type="checkbox"/> marked inability to relax |
| <input type="checkbox"/> repeated nightmares about separation from you | <input type="checkbox"/> ongoing refusal to sleep alone |
| <input type="checkbox"/> excessive distress when separated from home or from you | |
| <input type="checkbox"/> excessive need for reassurance | |
| <input type="checkbox"/> unrealistic and persistent worry that something will happen to you | |

E. Does your child show:

- | | |
|--|---|
| <input type="checkbox"/> diminished pleasure in activities | <input type="checkbox"/> suicidal thoughts or actions |
| <input type="checkbox"/> depressed or irritable mood most of the day, nearly every day | <input type="checkbox"/> agitation or sluggishness |
| <input type="checkbox"/> poor appetite or overeating | <input type="checkbox"/> low self esteem |
| <input type="checkbox"/> trouble sleeping or sleeping too much | <input type="checkbox"/> low energy or fatigue |
| <input type="checkbox"/> feelings of worthlessness or excessive inappropriate guilt | |
| <input type="checkbox"/> poor concentration or difficulty making decisions | <input type="checkbox"/> feelings of hopelessness |

F. Does your child have any of the following?

- | | |
|---|--|
| <input type="checkbox"/> repeated unusual movements | <input type="checkbox"/> odd postures |
| <input type="checkbox"/> compulsive rituals | <input type="checkbox"/> motor tics |
| <input type="checkbox"/> vocal tics | <input type="checkbox"/> overreacts to touch |
| <input type="checkbox"/> excessive reaction to noise or failing to react to loud noises | |

G. Has your child exhibited any symptoms of thought disturbance, including any of the following?

- | |
|---|
| <input type="checkbox"/> can't get to the point, loses train of thought |
| <input type="checkbox"/> bizarre ideas (odd fascinations, strange ideas, hallucinations) |
| <input type="checkbox"/> disoriented, confused, staring or "spacey" |
| <input type="checkbox"/> incoherent speech (mumbles, uses words only the child understands) |

H. Has your child exhibited symptoms of affective mood disturbance, including any of these?

- | | |
|---|--|
| <input type="checkbox"/> explosive temper with little provocation | <input type="checkbox"/> unusual fears |
| <input type="checkbox"/> excessively monotonous or bland affect | <input type="checkbox"/> panic attacks |
| <input type="checkbox"/> situationally inappropriate emotions | <input type="checkbox"/> excessive mood swings |
| <input type="checkbox"/> excessive reaction to changes in routine | |

Comments regarding any of the above items which you checked: _____

STRENGTHS

Please tell us about your child's most outstanding characteristics, hobbies, achievements, abilities, etc.:

Thank you for taking the time to complete this questionnaire. We know it is long and time consuming, but it really helps us to serve you and your child better. If you can return it to us prior to your visit, we will review what you have shared with us in order to better focus on your concerns. This information, as all Child Development Associates records, is strictly confidential. It will not be released to anyone without your written permission.